

# TK MARTIAL ARTS

## Application for Promotion Test

Applicant Name: \_\_\_\_\_ Sex: M / F Age: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
 Present Rank: White Applied Rank: YELLOW

**\* Essay Topic: Choose 2-3 of the *Ten Commandments of Tae Kwon Do* and explain what they mean to you.**  
**\* Less than 7 years old, do not write an essay. Draw a colorful picture of your family.**

**\* Note: Use letter size paper only for testing essay.**  
**Late fee of \$ 10 will be charged after the due date, which is two days before testing date.**  
**There will be \$ 25 extra charged for any make up testing.**

The applicant hereby submits this application for a test together with \$ **70.00 (DUE BY TWO DAYS BEFORE TESTING DATE)** testing fee in accordance with the rules and regulations of TK Martial Arts. The applicant (or guardian on behalf of the applicant) agrees that you are aware that you are engaging in physical exercise, including the use of exercise equipment, training and instruction, which could cause injury to you. You are voluntarily participating in these activities and assume all risks of injury to you that might result. Applicant does hereby expressly forever release and discharge TK Martial Arts, employees of the foregoing jointly and separately, from and against any and all injuries, damages, actions or causes of action, and from all acts of active or passive negligence on the part of TK Martial Arts, employees. You have carefully read this waiver and release and fully understand it is a release of liability. You further agree to release Seller from any liability for any loss or theft of personal property. The TK Martial Arts will make no evaluation or recommendation regarding whether or not you are sufficiently physically fit for any exercise activities. It is always advisable to consult your physician before undertaking a physical exercise program. If the member is under 18 years of age at the time of registration, my parents or legal guardian has completely reviewed this Waiver and Release, understands and consents to its terms and authorizes my participation by his/her signature below.

Signature of Applicant/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**Dear Parents**

**Our main objective at TK Martial Arts is to develop the excellent student, not only at the TK Martial Arts, but in society as well. If our students do not meet a qualification either at home, in academic school, or here at the TK Martial Arts, we will hold the students ranking until there has been satisfactory improvements. Please complete the Home Report sheet.**

**A – EXCELLENT    B – GOOD    C – AVERAGE    D – POOR    F – FAILED    R – RE-TEST**

### FOR TESTING MASTERS / PANEL USE ONLY

	Testing Method	Score	Comment
<b>Preparation</b>	Essay & Home Report		
	Uniform and Class Attendance		
<b>Knowledge</b>	Basic Terminology		
<b>Enthusiasm</b>	Concentration & Focus		
	Confidence & Ki Hap (Yelling)		
<b>Fitness</b>	Pushups / Situps		
<b>Techniques</b>	Blocks & Attacks		
	Kicks		
	Forms		
	One Step Sparring / Hap Ki Do (Self-Defense)		
	Sparring		
	Breaking		